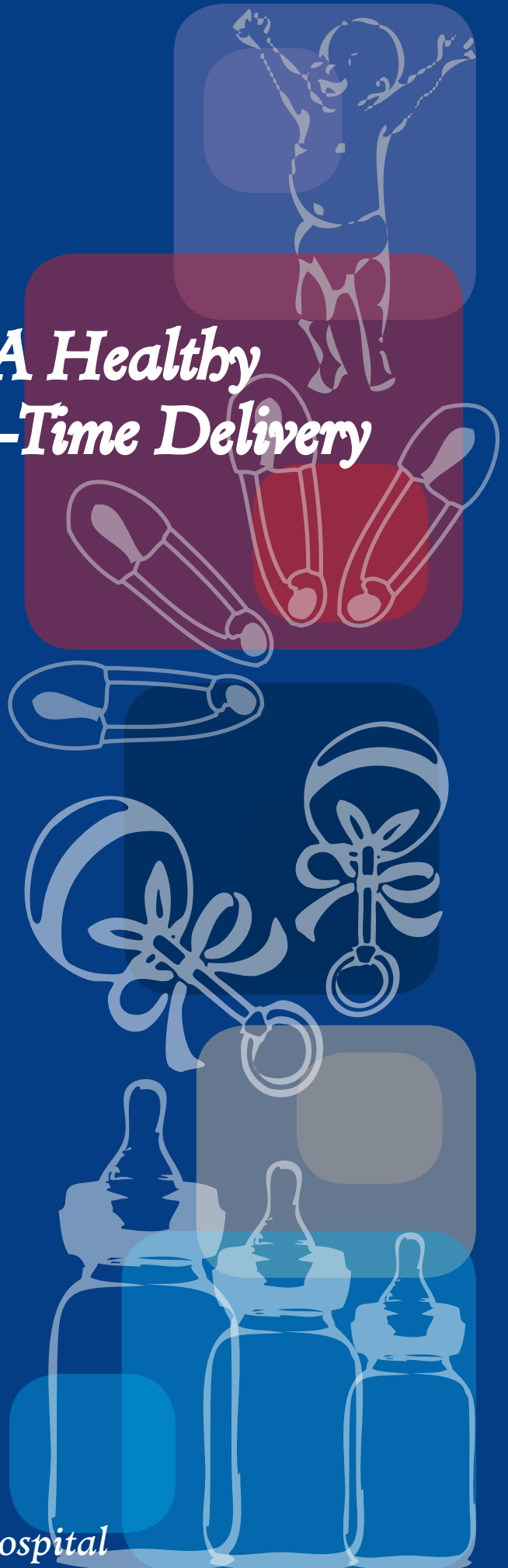


*Baby Steps To A Healthy
Pregnancy And On-Time Delivery*



Multi Speciality Dental Hospital



Importance Of Good Oral Health In Pregnant Women

The test came back and it's positive – you're pregnant. Your mind is reeling with excitement, and you have created a "to-do." While your "to-do" list and questions continue to grow, it's important to take the necessary steps to ensure an on-time and safe arrival of your most precious cargo yet. You've probably heard a few old wives' tales about pregnancy, including "A tooth lost for every child." While it seems far-fetched, it actually is based loosely in fact. Your teeth and gums are affected by pregnancy, just as other tissues in your body. You may not be aware that the health of your gums may also affect the health of your baby-to-be.



How does pregnancy affect your teeth and gums?

About half of women experience pregnancy gingivitis. This condition can be uncomfortable and cause swelling, bleeding, redness or tenderness in the gums. Conversely, a more advanced oral health condition called periodontal disease/pyorrhea (a serious gum infection that destroys supporting bone that hold teeth resulting in loose teeth) may affect the health of your baby.

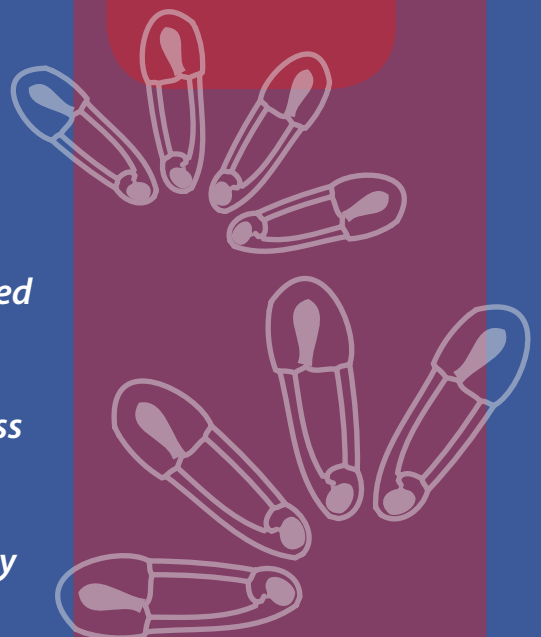
Is periodontal disease linked to pre-term low birth weight babies?

Studies have shown a relationship between periodontal disease and pre-term, low birth weight babies. In fact, pregnant women with periodontal disease may be seven times more likely to have a baby that's born too early and too small. The likely culprit is a labor-inducing chemical found in oral bacteria called prostaglandin. Very high levels of prostaglandin are found in women with severe cases of periodontal disease.

What if I'm diagnosed with periodontal disease during pregnancy?

If you're diagnosed with periodontal disease, your dentist might recommend a common non-surgical procedure called scaling and root planing. During this procedure, your tooth-root surfaces are cleaned to remove plaque and tartar from deep periodontal pockets and smooth the root to remove bacterial toxins. Research suggests that scaling and root planing may reduce the risk of pre-term births in pregnant women with periodontal disease. The added bonus is that the procedure should alleviate many of the uncomfortable symptoms associated with pregnancy gingivitis, such as swelling and tenderness of the gums.

As you make your way through the "to-dos," remember to check off a visit to the dentist. This baby step benefits you and your unborn baby.



Pregnancy package

- *Oral prophylaxis*
Teeth cleaning and polishing during pregnancy –
Rs.1000/-
- *Free consultation for people accompanying pregnant lady*

Services we provide

- *Dental implants*
- *Teeth whitening*
- *Root canal treatment*
- *Crowns and bridges*
- *Dentures [fixed and removable]*
- *Third molar [wisdom tooth] removals*
- *Teeth alignment [clip treatment]*
- *Smile design and correction*
- *Dentistry for children*

Please enquire with the dentist for details



Timings- 10am-9pm Sundays by Appointment
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